

## ***FLOWER ESSENCE APPOINTMENT INFORMATION - CHILDREN***

### ***OFFICE-VISITING CLIENTS – San Francisco Bay Area***

Kindly fill out the “**Children’s Background Information Form**” - downloaded from the web site – or one can be sent to you. Kindly fax the completed form to my office.

An initial appointment comprises two parts:

- a) A **primary** meeting with parent(s)/guardian(s), to discuss the issues and Background, once the form is received. This can be by telephone if necessary.
- b) A **secondary** meeting with the child, usually with parent(s). At this appointment essences will be selected. Follow up appointments and progress reporting is encouraged.

### ***TELEPHONE CLIENTS – United States or Canada***

The "**Children's Background Information Form**" - downloaded from the web site, or one can be sent to you - is filled out and returned with the Fee [\$300 plus shipping \$5.00]. Red Shiso as a preservative [see below] is an extra \$3:00. On receipt of form and fee, I shall contact you to arrange a telephone consultation. The essences will be selected, prepared and mailed to you. Personally written descriptions of the essences selected are included.

Follow-up appointments are encouraged to assess progress. I suggest keeping a journal. For questions or concerns, the best times to call are Monday-Friday 8.30 -10 am [Pacific], or leave a message with times you can be reached. I can also be reached by email.

### ***CONSULTATION FEES***

The rate is \$100.00 per hour. The initial consultation can take 3 to 4 hours. No additional charge for brief calls to update me. Email reports are encouraged, as are any dreams or experiences. The selected essences in a dosage bottle are included with any 1-3 hour appointment. A ready-made formula, if needed, will be extra. Repeat bottles, refills or replacements are \$15.00 per bottle + postage [if mailed].

### ***DOSAGE INFORMATION***

Will be determined at the appointment. Infants need 2 drops, 3 or 4 for older children. Drops are best taken separately from food. Begin by tapping the bottle on your palm once or twice to awaken the energies. Drops can be taken directly under the tongue, in a little water, a beverage or juice, or even placed on the child’s head. Alternately, drops can be added to a spray, put into the bath, or even mixed into a crème for topical application. Try **not to get saliva on the dropper**, as it can cause bacterial growth in the bottle.

### ***PRESERVATIVES***

A preservative is used with spring water to prevent spoilage. Choices are: (a) 45% **Vegetable Glycerin**, (b) 99% **Red Shiso Tea**, a vegetable-based stabilizer from Green Hope Farm made from red cabbage and white vinegar, or (c) 30% **Apple Cider vinegar**. If you prefer (d) **Spring Water alone**, the drops need to be refrigerated and monitored for bacterial growth, although they may be fine for up to 3 or 4 weeks.

### ***CANCELLATION OF APPOINTMENTS***

24 hours notice would be appreciated. Non-cancelled / missed appointments will be charged for according to the time set aside.